

TEN HARLEY STREET AND EIGHTY EIGHT RODNEY STREET

CORONAVIRUS (COVID-19) – UPDATE MARCH 2020

The safety and wellbeing of our staff, practitioners and those using our facilities is always our highest priority and to that end we have been working hard to prepare for the impact that a wider outbreak of the Coronavirus (COVID-19) could have here in the UK.

As health authorities have made clear this particular virus does present more of a risk to older people and to those individuals with pre-existing medical conditions and so we are taking extra precautionary measures to ensure that everyone is as protected as possible.

This page details:

- The steps that we have been taking to prepare for COVID-19
- Information regarding visiting Ten Harley Street or Eighty Eight Rodney Street
- How you can help reduce the spread of COVID-19
- Public information

Please be reassured that there has been no COVID-19 case linked to Ten Harley Street or Eighty Eight Rodney Street but we feel some additional layers of precautionary measures would be reassuring given that identifying, monitoring and containing the spread of the virus is proving increasingly challenging to the authorities.

How we have prepared for COVID-19

As soon as health authorities alerted us to the risk of COVID-19 we ensured we were well stocked in terms of essential hygiene products such as hand sanitiser and bacterial hand wash.

As a result, all of our facilities are adequately supplied and we encourage everyone to use these products and observe good hand hygiene at all times.

All persons entering our buildings will be asked to use the hand sanitiser on reception or wash their hand in the WCs on the ground floor.

Good hand hygiene is THE most important weapon in our fight against the spread of COVID-19.

Visiting our facilities:

As we enter the 'delay' phase of the outbreak response, we have taken the decision to minimise the number of unnecessary visits to any of our houses.

In addition, we would request that anyone showing symptoms of a high temperature, a cough or shortness of breath, **DO NOT** attend their session in the house and patients are advised not to attend their appointment.

You should also NOT enter the building if you have visited any of the COVID-19 infection hot spots as identified by Public Health England – either category 1 or category 2 countries.

For a full list of these countries and ‘at risk’ groups please go to: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

How you can help reduce the spread of COVID-19 (source: Public Health England)

- If you have been in contact with someone with coronavirus or have returned from an [affected area](#) identified by the Chief Medical Officer as high risk and you are feeling unwell with a cough, difficulty breathing or fever, stay at home and use the [NHS 111 online coronavirus service](#) or call NHS 111.
- Wash your hands more often than usual, for 20 seconds using soap and hot water, particularly after coughing, sneezing and blowing your nose, or after being in public areas where other people are doing so. Use hand sanitiser if that is all you have access to.
- To reduce the spread of germs when you cough or sneeze, cover your mouth and nose with a tissue, or your sleeve (not your hands) if you don't have a tissue, and throw the tissue away immediately. Then wash your hands or use a hand sanitising gel.
- Clean and disinfect regularly touched objects and surfaces using your regular cleaning products to reduce the risk of passing the infection on to other people.

Public information

Public information notices have been displayed now for a number of weeks regarding the risk of the spread of COVID-19 and the steps we can all take to minimise this.

Again, thorough hand washing is vital so we would urge you to follow these instructions not only in the house but also in your day to day life.

For the latest information on COVID-19 and how to minimise your risk of infection please go to the following websites:

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>